

University of Manitoba  
Thursday, November 9, 2023

## MANITOBA CMHF LAUREATES KEYNOTE LECTURE

Sheila Peters MD

*"You Are the Medicine"*



Dr. Sheila Peters is a Métis woman. Her mother, Shirley Fiddler, was a Treaty woman from Cowessess Nation. Her father, Peter Nychuk, who has just celebrated his 100th birthday, is a Ukrainian settler. She's a niece to eighteen, aunty to sixteen, great aunty to eight, a sister to five, and a mother of three (as well as a mother to four fur babies). She was born and raised in the small farming community of Shoal Lake, Manitoba.

Professionally, Dr. Peters is a proud graduate of the ACCESS Program through the University of Manitoba. She graduated from the University of Manitoba's Faculty of Medicine in 1993 and completed her Family Medicine Residency with a specialty in Emergency Medicine in 1997. Dr. Peters recently finished a 25-year career at the Health Sciences Centre Emergency in April 2023, where she was an Attending Trauma and Academic Emergency Room physician, very involved in all levels of teaching.

In 2016, Dr. Peters started practicing Family Medicine at Access Centre Downtown, with a focus on maternal-fetal health and pediatric care. There, she serves her community, many of whom are unhoused, experiencing poverty, mental health issues, and addictions. Additionally, she has provided emergency care at the Thompson General Emergency intermittently for the past 25 years, Concordia Urgent Care, Kenora Emergency, and with VECTRs. On top of this, she has started her own cosmetic practice, where she offers services including Botox, fillers, and skincare.

In June 2022, Dr. Peters began working with Keewatinohk Inniniw Minoayawin (KIM) as a Primary Care Advisor. Her main areas of focus there include working on reinventing current EMS systems and providing housing and care for Thompson's unhoused, as well as portfolios on Cancer Care, HIV, maternal-fetal health, and mentorship.

Dr. Peters' love for both her personal and her work families, as well the many communities that she serves, is made evident by her tireless passion, energy, innovative creativity, and her ability to connect.